



CDN-20011/99/2025-COORDINATION-NMC
National Medical Commission
Policy & Coordination Division



Pocket- 14, Sector- 8,
Dwarka, Phase-1, New Delhi-77
06-06-2025

PUBLIC NOTICE

Subject : Celebration of Yoga Sangam - 10th Anniversary of International Day of Yoga, 2025 -reg

The celebration of International Day of Yoga (IDY) is held annually on 21st June aims to generate awareness about Yoga's vast potential in improving overall health and wellbeing and to inculcate the practice of Yoga among the citizens of the country. Yoga is a vital part of comprehensive primary healthcare at Ayushman Arogya Mandir (AAM), and group sessions are regularly being conducted at AAM to promote holistic health. Moreover, mass demonstrations are organized on IDY every year for wide dissemination of the benefits of practicing Yoga.

2. This year marks the 10th anniversary of the International Day of Yoga. As per the Ministry of AYUSH's communication, the theme of IDY 2025 is '**Yoga for One Earth, One Health**'. Instructions have been issued by Ministry of Health & Family Welfare and by Ministry of AYUSH to observe Yoga Sangam event (IDY 2025) on 21st June 2025.

3. The Government is making all out efforts to track / recognise each event, by offering the facility of pre-event registration on the Yoga Portal of Ministry of AYUSH (<https://yoga.ayush.gov.in/yoga-sangam>) and for sharing the details / pictures / media of the events organised.

4. The following link for publicity collaterals, banners etc on IDY 2025, as received from Ministry of AYUSH, can be accessed for pre-event publicity, trainings & communication;
<https://drive.google.com/drive/folders/1iRmU2qPHn0mjxGQyUYPJIX3Bt1oBIiMe?usp=sharing>

5. All the Medical Colleges/Institutions under the administrative domain of NMC are requested to accordingly observe Yoga Sangam

event (IDY 2025) on 21st June 2025. It is requested to share the report of the events held on 21st June 2025 and the no. of participants same day by 11 o'clock with 2 HD quality photographs to NMC on google form link; <https://tinyurl.com/4nbc92n>

(Dr. Raghav Langer)
Secretary

To

Dean/Principal of all the Medical Colleges/Institutions

Copy to :

1. Additional Secretary (ME), MoHFW, Nirman Bhavan, New Delhi.
2. US (NHM-1), MoHFW, Nirman Bhavan, New Delhi.