

राष्ट्रीय आयुर्विज्ञान आयोग  
NATIONAL MEDICAL COMMISSION  
आचार और चिकित्सा पंजीकरण बोर्ड  
ETHICS & MEDICAL REGISTRATION BOARD

R- 13014/18/2022- Ethics/

Dated the 20<sup>th</sup> September, 2022

**Advisory to stakeholders informing them about harms of getting treatment from unqualified people**

Patient should meet the doctor, who is going to perform hair transplant or aesthetic surgery and know his qualifications, experience.

Patient should be knowing about the place where such procedure is going to be performed, whether OT facilities with proper protocols etc. are there or not, with facilities and specialities to treat any postoperative complication.

Patient should be well informed about the procedure, all needed preoperative investigations, complications and requirement of procedure to be repeated etc.

Aesthetic Surgery including Hair transplant, as with any other surgical procedure, may sometimes have serious complications. Every RMP i.e practitioner of Modern Medicine should be aware of these complications and be trained with skills for their prevention and management as most of the complications are avoidable and can be minimized by proper surgical technique and wound care.

Aesthetic Procedures including Hair Transplant require skills and training in appropriate patient selection, differential diagnoses and techniques and appropriate post procedure care to optimize outcomes and therefore, cannot be performed by anyone, anywhere. It is suggested that anyone who wishes to perform should be adequately knowledgeable and trained and should ensure that they have adequate infrastructure and manpower to manage such issues.

Aesthetic Procedures including Hair Transplant are not an Emergency Surgery and hence there is no case for allowing any untrained person to do it under the pretext of "Exceptional Circumstances". It may be noted that watching in workshops or on YouTube, or any other similar platform, is not adequate training to start Aesthetic surgeries.

Assistants or technicians; should be from a medical background, such as nurses, OT technicians, pharmacists. However, they need to be provided structured, systematic and proper training in all aspects of aesthetic surgery, as well as the techniques for disinfection, sterilization, patient communication etc. Surgical assistants/technicians should perform their tasks only under the direct supervision of the treating physician.



Aesthetic Procedures including Hair Transplant should be performed only with an anaesthesia back up with the availability of all the requisite resuscitative equipment and drugs and with adequate preoperative clearances from the medical specialists and the anaesthetist.

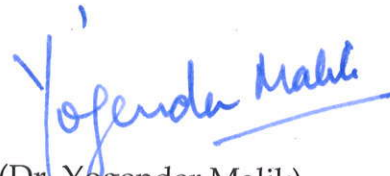
The center where Aesthetic Procedures including Hair Transplant are performed, should be registered as a Day Care Centre OR Hospital with the Local/ State Authorities and should have a well-equipped postoperative recovery room with facilities for monitoring of vitals including blood pressure, electrocardiogram, oxygen saturation etc.

Also please note that Ghost Surgery (substitution of surgeons without the patient's knowledge and permission) would also constitute malpractice.

Further, unethical practices such as fee cutting and advertising with False/ exaggerated claims should not be indulged in.

Like any other surgical procedure, the record keeping for all aesthetic surgeries, including hair transplant is mandatory.

Any violation of the above guidelines will be seen as a misconduct/offence as per existing law.



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