

CDN-20011/70/2026-COORDINATION-NMC
Government of India
National Medical Commission
(Policy & Coordination Division)



Pocket - 14, Sector - 8,
Dwarka Phase - 1, New Delhi - 110 077.

Dated: February, 2026

PUBLIC NOTICE

Subject : Tackling the factors contributing to doping in Sports.

With an intent to enhance awareness of the World Anti-Doping Agency's (WADA) prohibited list, Ministry of Youth Affairs & Sports, *vide* their D.O. letter No. D / 1 / 2026-SPO dated the 06th February, 2026 (copy attached), has requested to issue appropriate advisories/guidelines to Medical Colleges, Hospitals, and Registered Medical Practitioners so as to sensitize them on anti-doping regulations, *particularly* while treating athletes; and to encourage prudent and responsible prescription practices so that medicines containing WADA-prohibited substances are prescribed only when medically justified and properly documented. Further, the integration of basic anti doping awareness into medical education and continuing professional development programmes may be considered where feasible.

In view of the above, all Medical Colleges / Institutions are hereby requested to follow contents of the Ministry of Youth Affairs & Sports' D.O. letter and to support the initiative of Ministry of Youth Affairs and Sports to tackle the factors contributing to doping in Sports.

(Dr. Raghav Langer)
Secretary, National Medical Commission

Digitally signed by
Dr.Raghav Langer
Date: 20-02-2026
11:29:38

Enclosures : As above.

To

1. The Dean / Principal of all Medical Colleges / Institutions.
2. The Registrars, SMCs of all States/UTs.

V.11025/14/2026-MEP {FTS No. 8390648}
भारत सरकार / **Government of India**
स्वास्थ्य और परिवार कल्याण मंत्रालय / **Ministry of Health & Family Welfare**
स्वास्थ्य और परिवार कल्याण विभाग / **Department of Health & Family Welfare**
चिकित्सा शिक्षा नीति / **Medical Education Policy**

Kartvya Bhawan 1, New Delhi
Dated : 16.02.2026

To,
The Secretary,
National Medical Commission,
Pocket-14, Sector-8, Dwarka,
New Delhi – 110 077.

Subject: Forwarding of DO regarding Anti Doping measures.

Sir,

I am directed to refer to D.O. Letter No. D/1/2026-SPO dated 06.02.2026 received from Shri Hari Ranjan Rao, Secretary, Department of Sports, Ministry of Youth Affairs & Sports, regarding strengthening of regulatory mechanisms to address the growing menace of doping in sports.

2. Point No. 8 of the aforesaid D.O. letter pertains specifically to the National Medical Commission (NMC) and, inter alia, requests issuance of appropriate advisories/guidelines to medical colleges, hospitals, and Registered Medical Practitioners (RMPs) for enhancing awareness of the WADA Prohibited List; sensitization of doctors on anti-doping regulations; promotion of responsible prescription practices in respect of WADA-prohibited substances; and integration of basic anti-doping awareness into medical education curricula and Continuing Professional Development (CPD) programmes, wherever feasible.

3. In this regard, the matter is forwarded to the National Medical Commission for examination and appropriate action under intimation to this Ministry. NMC is also requested to furnish an Action Taken Report indicating the measures proposed/initiated in compliance with the request contained in Point No. 8 of the D.O. letter.

Encl: As above

Yours faithfully,
Digitally signed by
RANJAN DOLEY
Date: 16-02-2026
18:03:32

(Ranjan Doley)
Under Secretary to the Govt. of India
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हरि रंजन राव, भा.प्र.से
सचिव
Hari Ranjan Rao, IAS
Secretary



भारत सरकार
खेल विभाग
युवा कार्यक्रम और खेल मंत्रालय
Government of India
Department of Sports
Ministry of Youth Affairs & Sports

D.O No. D/1/2026-SPO

Dated: 06th February, 2026

Dear Madam,

You would kindly be aware about the increasing menace of doping in sports in the country which has become a matter of significant national importance affecting the integrity of sport and the welfare of Indian athletes and the public at large.

2. While deliberate doping remains a challenge, a substantial number of anti-doping rule violations are now attributable to inadvertent consumption of contaminated or misbranded supplements and easy access to prescription drugs that are prohibited in sport. This situation not only jeopardizes athletes' careers but also exposes them to serious health risks, and undermines the credibility of Indian sport.
3. It has been observed with concern that a large number of dietary supplements and performance-enhancing products, available in the market and online are mislabelled, or adulterated or contaminated with banned substances. Athletes, particularly at the grassroots and sub-elite levels, are vulnerable to such products due to aggressive marketing and limited awareness.
4. Certain prescription drugs with potential for misuse in sports, including medicines that are prohibited under the WADA Code as well as products that have not been approved by CDSCO, or are prescription or banned drugs, are being readily dispensed and made available through formal and informal channels without adequate regulatory enforcement. It has also been observed with concern that some imported substances, particularly dietary supplements, have been found to be contaminated with prohibited ingredients. In addition, some imported drugs and supplements appear to be easily accessible to athletes through online platforms, social media, and YouTube, where they are being promoted and sold.
5. In this regard, the support of the Ministry of Health and Family Welfare is solicited for strengthening regulatory mechanisms through its associated bodies.
6. In this context, Central Drugs Standard Control Organization (CDSCO) may consider reinforcing regulatory supervision over prescription drugs that are susceptible to misuse in sports, implementing stricter controls on the manufacture, distribution, and dispensing of medicines containing substances listed in the World Anti-Doping Agency's (WADA) Prohibited List, and establishing a formal mechanism for information sharing with the Ministry of Youth Affairs and Sports (MYAS).
7. Similarly, the Food Safety and Standards Authority of India (FSSAI) may enhance surveillance of dietary supplements and sports nutrition products marketed to athletes and fitness enthusiasts, take stringent enforcement action against manufacturers and sellers of adulterated, mislabelled, or non-compliant supplements, and formulate clearer labelling standards for sports supplements, including explicit disclosure of ingredients that may be prohibited for athletes.

Secy(H) - on leave

AS(ME)
JS/HM

Page 1 of 2

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ई-मेल / E-mail : secy-sports@nic.in

8. With respect to the National Medical Commission (NMC), it is requested that appropriate advisories or guidelines be issued to medical colleges, hospitals, and registered medical practitioners to enhance awareness of the WADA Prohibited List. Steps may also be taken to ensure that doctors are adequately educated and sensitized on anti-doping regulations, particularly while treating athletes, and to encourage prudent and responsible prescription practices so that medicines containing WADA-prohibited substances are prescribed only when medically justified and properly documented. Further, the integration of basic anti-doping awareness into medical education and continuing professional development programmes may be considered where feasible.

9. I would be grateful for your kind support in initiating appropriate action through CDSCO, FSSAI, NMC, and other relevant bodies/authorities under the Ministry of Health and Family Welfare to tackle the factors contributing to doping in sports.

Warm Regards,

Yours sincerely,



(Hari Ranjan Rao)

Ms. Punya Salila Srivastava, IAS
Secretary (H&FW)
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New Delhi - 110011
Email: secyhfw@nic.in