NATIONAL MEDICAL COMMISSION Postgraduate Medical Education Board

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GUIDELINES FOR COMPETENCY BASED POSTGRADUATE TRAINING PROGRAMME FOR DM IN PEDIATRIC NEPHROLOGY

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PREAMBLE: 1.

While there has been improvement in nutritional status and immunization coverage over

the last three decades, chronic non-communicable diseases involving various systems are

now becoming an important cause of mortality and morbidity in childhood. There is an

increasing demand for specialized care of children with chronic diseases. Children with

kidney diseases are often diagnosed and referred in late stages of the disease. Most of

them are not treated appropriately due to lack of expertise and want of diagnostic and

therapeutic infrastructure. A phenomenal progress has taken place that has revolutionized

management of children with renal diseases. However, children with renal diseases in our

country have been largely denied the benefits of advanced medical management. For

pediatricians to provide optimal treatment for these children, special training and in-depth

knowledge are necessary. It is imperative to provide suitable facilities for appropriate and

relevant training in pediatric nephrology to promote growth of the specialty in the

country. The training should emphasise on preventive aspects, early diagnosis of common

diseases and their optimum management with available resources including dialysis and

transplantation. The primary goal of the training programme for DM in Pediatric

Nephrology is to develop clinicians who have acquired the operational skills,

professionalism and knowledge necessary to direct a pediatric nephrology service,

including dialysis and kidney transplantation.

The program includes 36 months of training and is designed to provide the experiences

necessary for the DM students to develop the knowledge and skills to function as an

independent pediatric nephrologist and fulfill the requirements as mandated by the

Medical Council of India.

Eligibility for admission: M.D in Pediatrics

Goals:

The goal of the course shall be to produce a competent specialist in the area of Pediatric

Nephrology:

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- 1. who shall be competent to handle the health needs of patients in the speciality and provide secondary and tertiary level of care,
- 2. who shall be able to practice the speciality ethically,
- 3. who shall be aware of the contemporary advances and developments in the subject,
- 4. who shall acquire a spirit of scientific inquiry and is oriented to the principles of research methodology and epidemiology, and
- 5. who shall have acquired the skills for teaching medical and paramedical professionals.

A. Objectives:

The objectives of the training programme will be to enable the student:

- 1. To develop a scientific approach, based on the understanding of the pathophysiology and epidemiology of pediatric renal disease,
- 2. To provide primary, secondary and tertiary care to children with renal disease,
- 3. To provide the skills for management of emergencies in unstable children with renal problems and provide renal care to critically ill children in the intensive care unit,
- 4. To implement a follow up plan in children with chronic disease,
- 5. To be able to work in a team along with intensivists, pediatricians, pediatric surgeons and others to provide comprehensive care to children with renal disease,
- 6. To be able to set up and manage an independent Pediatric Nephrology unit including dialysis,
- 7. To develop adequate communication and counselling skills,
- 8. To recognize the importance of family, society and socio-cultural environment in the treatment of the sick child with renal disease,
- 9. To review and analyse literature, seek evidence and apply to clinical practice,
- 10. To develop basic research skills and carry out research projects in the field of Pediatric Nephrology, and
- 11. To develop basic teaching skills and be able to train undergraduates, postgraduates, nursing and paramedical staff regarding care of children with renal disease.

2. SUBJECT SPECIFIC LEARNING OBJECTIVES

• Cognitive Domain: Theoretical Knowledge

- 1) Understand the normal renal anatomy and physiology from fetal life to adolescence.
- 2) Understand the normal physiology and pathophysiology of body fluids, acidbase and electrolytes including neonates and infants.
- 3) Understand the basic principles involved in pathology of renal diseases in children and their assessment as applicable to pediatric nephrology practice.
- 4) Understand the basics of pathologic interpretation of the biopsy, including all the components: light, immunofluorescence, electron microscopy and immuno-histochemical staining.
- 5) Be conversant with the etiology, pathophysiology, diagnosis and management of common neonatal and pediatric renal diseases in an out -patient, inpatient and emergency settings.
- 6) Demonstrate knowledge about biomedical, clinical and cognate sciences and how to apply them in the management of children with kidney diseases.
- 7) Know and apply the basic and clinically supportive sciences and present evidence-based recommendations for diagnostic and therapeutic decision making in children with renal diseases.
- 8) Recognize the importance of inter-disciplinary approach in the management of various pediatric renal diseases and obtain relevant specialist / ancillary services' consultation where appropriate.
- 9) Acquire knowledge for the prevention of renal diseases in children.

Practical and Clinical skills

- Understand the presentation (history and clinical examination), evaluation and management of congenital and acquired renal disorders in neonates, infants and children.
- 2) Order relevant investigations and competently interpret the results of laboratory studies including urinalysis and the results of general and renal imaging procedures performed in children with kidney and urinary tract disorders.
- 3) Formulate and implement treatment plans, and monitor the effectiveness of their interventions for various renal diseases including management of acute

- kidney injury, chronic kidney disease and end-stage renal disease in a holistic manner.
- 4) Perform competently all medical and invasive procedures, i.e., (a) percutaneous renal biopsy of native and transplanted kidneys, (b) placement of temporary vascular access or peritoneal catheter for renal replacement therapy (RRT), (c) Perform hemodialysis, acute and chronic peritoneal dialysis and continuous renal replacement therapy, and (d) Urine analysis.
- 5) Develop desired skills to independently manage emergency situations related to renal disease.
- 6) Communicate effectively and demonstrate caring and respectful behavior when interacting with children with renal and urinary tract problems and their families.
- 7) Be conversant with counseling techniques for the family / primary care takers.
- 8) Work with faculty and colleagues to provide patient-focused care.
- 9) Perform necessary patient care documentation in an accurate and timely manner.
- 10) Develop skills as a self-directed learner, recognize continuing educational needs and use appropriate learning resources to critically analyze relevant published literature in order to practice evidence-based medicine.

• Writing Research articles

- Demonstrate competence in basic concepts of research methodology and epidemiology and be able to critically analyse relevant published research literature.
- 2) Locate, appraise and assimilate evidence from scientific studies,
- 3) Develop the expertise to perform a scientific study including formulating hypothesis, research questions, designing appropriate study, analyze and interpret the results,
- 4) Ability to write an in-depth manuscript describing a completed project,
- 5) Publication or presentation of case reports or clinical series at local, regional, or national professional and scientific society meetings.

• Attitudes including communication skills

1) Demonstrate respect, compassion, and integrity; a responsiveness to the needs of patients and society; and a commitment to excellence.

- 2) Demonstration of skill in listening to patients and families and the ability to effectively educate and counsel patients and their families on diagnostic and treatment decisions including initiation of dialysis therapies and prognosis.
- 3) Develop the skills to interact with professional colleagues for the care of the renal patient.
- 4) Demonstrate the ability to lead the consult service through interactions with referring and primary doctor.
- 5) Effectively work with other members of the health care team, including referring physicians from other specialties, nurses, social workers and technicians, to implement a treatment plan.
- 6) Effectively teach pediatric nephrology care to medical students, junior post graduate students and nurses.
- 7) Adopt ethical principles in all aspects of pediatric nephrology practice/ research. (Professional honesty and integrity, humility, informed consent, counseling and recognize patients' rights and privileges).

• Training in Research Methodology

- Attend research methodology course to learn framing of research question, designing and conducting study, analysing and interpreting data and writing a paper.
- 2) Participate in on-going research activities of the department to obtain experience in various aspects of research.
- 3) Apply knowledge of study designs and statistical methods to the appraisal of clinical studies and other information on diagnostic and therapeutic effectiveness.
- 4) Familiarize with ethics in research.

3. SYLLABUS

3.1 SUBJECT SPECIFIC THEORETICAL COMPETENCIES

- **3.1.1** Cognitive domain (Knowledge domain)
- 3.1.2 Affective domain (Attitudes including Communication and Professionalism)
- 3.2 SUBJECT SPECIFIC PRACTICE BASED OR PRACTICAL COMPETENCIES

The curriculum outlines competences that trainees must reach by the end of the programme (combining 3.1 and 3.2)

A. Investigation of the kidney

1. Renal Anatomy and Physiology

Knowledge	To understand the embryology and development of genito-urinary
	system
	To understand the development of renal function and physiology for
	the assessment of:
	a. GFR from height and plasma creatinine
	b. Calcium, phosphate & bone mineral metabolism
	c. Urinary concentrating and diluting ability
	d. Tubular handling of fluid and electrolytes
	e. Acid-base balance
	• To explain the practicalities, limitations and special precautions of
	measurement of:
~0	a. Creatinine clearance
	b. Protein and calcium excretion
,0	c. Tubular handling
7	d. Tests for urinary acidification
Skills	To appropriately request and interpret the above investigations
Multidisciplinary	Laboratory Medicine Department
aspects	
Resources	Clinical Physiology of Acid-Base and Electrolyte Disorders –
	Burton David Rose
	Principles of Renal Physiology – Chris Lote
	Pediatric Renal Investigations – Chapman & Taylor

2. Imaging

Knowledge	To understand the role, limitations and interpretation of commonly			
	used imaging modalities			
	To know the practicalities and safety precautions associated with			
	each test			
	To understand the role of arteriography and percutaneous			

	nephrostomy tube placement
Skills	 To appropriately request the different radiological investigations To be able to interpret scan images
Multidisciplinary aspects	Liaison with radiologists in deciding the most appropriate investigations
Resources	 Nephro-urology radiology meetings/Posting in nuclear medicine unit Bank of typical case images

3. Renal Biopsy and nephropathology

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	adical o
Knowledge	To describe the anatomy of both native and transplant kidneys
,	To know the indications for renal biopsy
-2	To describe the procedure of renal biopsy and its complications
	To know the type of solutions used for light (LM),
.0	immunofluorescence (IF), and electron microscopy (EM) specimens
	immediately post-biopsy
The state of the s	To have a basic knowledge of handling and processing of renal
Natio	biopsy tissue and utility of various stains (hematoxylin and eosin,
~	periodic acid Schiff, Trichrome (Masson), silver-stains, and Congo
	red /immuno-fluroscence used in the diagnosis of renal disease.
Skills	To counsel families in preparation for renal biopsy, thus allowing
	informed consent
	To perform a native (and transplant) biopsy safely
	To recognize the histopathologic characteristics of normal kidney on
	LM, IF, and EM
	To recognize common histological appearances and consequences
	for diagnosis, prognosis and treatment
	Able to interpret slides, including all the components: LM, IF and
	EM.
	Obtain adequate clinical background and information from the

	appropriate nephrologist submitting the specimen to allow optimal
	interpretation of the biopsy.
Multidisciplinary	Radiologist and pathologist
aspects	
Resources	Nephropathology meetings
	Bank of typical case histology
	Training day for processing, staining and interpreting of renal biopsy
	samples

(B) Urinary Tract Infection (UTI) and Vesicoureteric Reflux

Knowledge	To know the epidemiology of UTI					
	To understand current theories about renal scarring					
	To be aware of issues in diagnosis of UTI					
	• To describe the role of ultrasound scan, MCU, DMSA and other					
	investigations for UTI					
~0	To know the medical and surgical options in the management of					
	UTI					
,	• To describe the mechanisms of action of antimicrobials and their					
4	adverse effects					
Œ	To understand the secondary progression of renal damage and its					
7	prevention					
Skills	To appropriately manage urinary tract infection in different age					
	groups					
	• To show ability to counsel parents about relevant investigations of					
	UTI, and possible management of siblings of children with reflux					
Multidisciplinary	To know the appropriate follow-up into adult life					
aspects	• To recognize the role of microbiologists, urologists and radiologists					
	• To be able to contribute to the development of strategies for					
	management of UTI at local and regional level					
Resources	Microbiology department					
	Nephro-pediatric surgery-radiology meeting					

(C) Structural Malformations

Knowledge	To understand renal embryology and developmental anatomy
Timo wreage	
	To describe the anatomy of the urinary tract and the sites and causes
	of urinary obstruction
	To know the presentations of developmental variants and
	abnormalities, including obstruction
	To describe the fluid and electrolyte disturbances occurring
	following the relief of obstruction
	To be aware of the different reconstructive procedures performed,
	and their implications for future management
	To be aware of other urological diagnoses, including genital
	anomalies
	To know the importance of ambiguous genitalia and intersex in
	renal disease: structural as well as neoplastic
Skills	To be able to provide medical support to urological services,
0	especially following relief of obstruction
Multidisciplinary	Liaison with radiologists, obstetricians and surgeons in management
aspects	decisions and antenatal counseling
	To show ability to communicate and work together with other health
4	professionals
Resources	Department of Pediatric Surgery
7	Radiology meeting
	Department/Division of Neonatology

(D) Disorders of Micturition

Knowledge	To know the common renal and non-renal diagnoses associated with				
	enuresis				
	To know the appropriate use of urodynamic studies				
	To explain the rationale for various management strategies in				
	enuresis using behavioral and pharmacological therapies				
Skills	To be able to interpret urodynamic studies, and instigate appropriate				
	management				
	To know the practicalities involved in enuretic alarms				

Multidisciplinary	Liaison with urodynamic staff			
aspects	Role of the psychologist			
Resources	Pediatric urologists/surgeons			
	Bank of images			

(E) Neurogenic bladder

Knowledge	To know the pathophysiology of neurogenic bladder
	To know the role of basic urodynamic investigations
	To know the appropriate surgical management of different types of
	bladder dysfunction
	To understand the treatments available to regularize bowel and
	bladder habit
Skills	To be able to appropriately asses the whole child with neurogenic bladder
20	To show ability to investigate and manage the upper and lower urinary tract
Multidisciplinary aspects	To know the importance of shared care with surgeons and urologists
Resources	Pediatric urology services

(F) Hematuria

Knowledge	•	To know the pathophysiology of macroscopic and
		microscopic hematuria
	•	To describe the methods of investigation in microscopic
		hematuria, including the role of renal biopsy
	•	To understand the various findings of phase contrast
		microscopy and their meaning
	•	To know the underlying causes of hematuria
	•	To know the long term outcome of the underlying causes
Skills	•	To be able to perform urinalysis
	•	To demonstrate appropriate investigation and management
		of the child with hematuria, including role of imaging,

		urological assessment, and genetic and molecular studies
Multidisciplinary aspects	•	To explain the mode of inheritance of hereditary nephritis,
		and implications for other family members
	•	To appreciate the role of the pediatric surgeon
	•	To understand the need for long-term follow up
Resources	•	Nephropathology meeting
	•	Pathology laboratory (microscopy of urine)

(G) Proteinuria

Knowledge	•	To know the pathophysiology of proteinuria
	•	To know the physiological and pathological causes of
, N	V	asymptomatic proteinuria To describe the methods of investigation of asymptomatic proteinuria
	•	To list the indications for renal biopsy
	•	To know the long-term prognosis of the various conditions
		causing proteinuria
Skills	•	To be able to differentiate between pathological and
		physiological proteinuria
FU	•	To show ability to manage the child with proteinuria
Multidisciplinary aspects	•	To understand the requirement of long-term follow-up

(H) Glomerular disease

Knowledge	•	To describe the etiology, pathophysiology and
		immunological basis of glomerulonephritis
	•	To know the different forms of presentation
	•	To understand the clinical course and prognosis of acute
		and chronic glomerulonephritis
	•	To know the indications for immunosuppressive agents,
		cytotoxic drugs, plasmapharesis and dialysis
Skills	•	To appropriately investigate and manage the acute
		nephritic syndrome, and new presentation of chronic

		glomerulonephritis
	•	To demonstrate the appropriate use of general and specific
		measures to treat glomerulonephritis
Resources	•	Pathology laboratory

(I) Nephrotic syndrome

Knowledge	To know the causes of nephrotic syndrome
	To be aware of the pathophysiology of nephrotic
	syndrome, including latest research
	• To understand the investigation of nephrotic syndrome
	including indications for renal biopsy
	• To understand the complications of the nephrotic state
. 1	• To know the pharmacology and side-effects of steroids,
	other immunosuppressive agents and other treatment
200	modalities
Skills	To appropriately investigate and manage initial episode of
	nephrotic syndrome and relapses and the complications
	To appropriately investigate and manage steroid resistant
TT .	nephrotic syndrome and the complications
Nat	To manage adverse effects of immunosuppressive
	medications
	• To demonstrate the appropriate use of general and specific
	measures to treat secondary causes of nephrotic syndrome
Multidisciplinary aspects	Liaison with local pediatricians in long-term management
Resources	Pediatrics, Pathology

(J) Systemic lupus erythematosus (SLE)

Knowledge	To describe the pathogenesis of SLE and underlying
	immunological mechanisms
	• To list the histological classification of lupus nephritis
	• To describe the clinical course of lupus nephritis
	To describe the different treatment options

Skills	To perform a relevant clinical examination to diagnose and
	assess a patient with SLE
	• To plan and interpret investigations, including renal
	histology and immunology
	• To appropriately manage acute renal failure due to SLE,
	including use of plasmapharesis
	• To show ability to undertake long-term management of the
	patient with lupus nephritis
Multidisciplinary aspects	To appreciate the role of other specialists, especially
	rheumatologists
	• To counsel the patient about long-term implications of
	SLE, including problems with renal transplantation and
. 1	impact on reproductive potential
Resources	Adult nephrology, rheumatology services

(K) Other Vasculitis

Knowledge	 To understand the pathophysiology and immunology of vasculitis To know the different causes of vasculitis To know the presentation of vasculitis, patterns of multisystem involvement and spectrum of disease To describe the investigation and monitoring of the patient with vasculitis To list the different therapeutic options available, including adverse effects
Skills	 To perform a relevant multisystem clinical examination To be able to appropriately investigate and treat vasculitis, including use of immunosuppression, in the short and long-term
Multidisciplinary aspects	To work with other specialists including rheumatologists
Resources	Pediatric and adult rheumatology clinics

$(L)\ He molytic\ uremic\ syndrome\ (HUS)$

Knowledge	To understand the pathophysiology of microangiopathic
	hemolytic anemia
	To know the epidemiology of VTEC, S. dysenteriae
	To know the presentation and clinical course of diarrhea-
	positive and atypical HUS
	To be aware of non-renal manifestations of HUS
	To understand the long-term consequences and prognosis
	of D+ HUS
	To understand principles of treatment, including
	conservative, and the role of plasma exchange and dialysis
	To understand the investigation of atypical HUS
	To be aware of the long-term management of atypical HUS
	including implications for transplantation
Skills	To be able to investigate, diagnose and manage the initial
	presentation of HUS
	To appropriately initiate dialysis and plasma exchange

(M) Interstitial nephritis

Knowledge	To list the causes of interstitial nephritis and tubulo- interstitial disease, and the relationship to systemic conditions
Skills	To appropriately investigate and manage the child with interstitial nephritis, including use of corticosteroids

(N) Hypertension

(14) Hypertension		
Knowledge	•	To define and understand how to diagnose hypertension
	•	To know the common renal and non-renal diagnoses
		implicated in hypertension in different age groups
	•	To describe the possible mechanisms causing primary
		(essential) and secondary hypertension
	•	To describe the investigation of hypertension including the
		use of arteriography and renal vein sampling; nuclear
		imaging
	•	To describe the mechanism of action and side-effects of

	anti-hypertensive agents
	To understand vascular interventions in renal artery
	stenosis
Skills	To show ability to appropriately investigate the child with
	hypertension
	To be competent in the management of hypertensive
	emergencies
	To be competent in the management of chronic
	hypertension, and in using the different classes of drugs
	To be able perform and interpret ABPM read out and
	modify prescription
Multidisciplinary aspects	Liaison with local pediatricians; interventional radiologist
Resources	Intensive care unit; Radiology services

(O) Nephrolithiasis

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To know the etiology of renal stone formation, including
underlying tubular abnormalities
To know the biochemical and radiological investigation of
renal stones
To understand the acute and chronic medical (including
prevention of the development of renal stones) and surgical
management of renal stones (including lithotripsy)
To demonstrate ability to appropriately investigate the
child with renal stones
To show ability to manage the child with renal stones
To involve pediatric urologists where indicated
To show understanding of the significance of the family
history and genetic implications in some cases
Departments of Laboratory Medicine, Pediatric Surgery,
Urology and Radiology

(P) Tubular disorders

Knowledge	•	To understand the different presentations of primary and
		secondary tubular disorders
	•	To know the different causes
	•	To understand the investigation of tubulopathies
Skills	•	To be competent in the investigation and management of
		tubular disorders
Multidisciplinary aspects	•	To understand the role of other specialists (hepatologists,
		neurologists, biochemists, geneticists) in the diagnosis,
		management and treatment of these disorders
	•	To be able to provide dialysis support to other specialists
Resources		Metabolic clinics, Endocrine clinic
		Biochemistry department

(Q) Cystic disease

Knowledge	 To list the different causes of renal cystic disease in different age groups To describe the mode of inheritance and methods of screening To know the clinical course and associated features of autosomal recessive and autosomal dominant polycystic kidney disease To appropriately examine and investigate the child with renal cysts in different age groups To appropriately manage the child with polycystic kidney disease
Multidisciplinary aspects	 To appreciate the implications of a diagnosis of autosomal dominant polycystic kidney disease on other family members To recognize the importance of genetic counseling
Resources	Radiology services

(R) Genetic disorders (Inherited diseases of the kidneys)

Knowledge	To know the presentation and management of commonly
	encountered inherited renal disease including renal
	involvement in syndromes, familial nephritis and
	polycystic kidney disease
	• To understand basic genetic principles
Skills	To be able to advise parents of the risks of recurrences and
	the need for family screening in commonly inherited
	diseases
Multidisciplinary aspects	To understand the role of the geneticist in diagnosis
	and counseling, including antenatal diagnosis
Resources	Geneticist

(S) Fluid and electrolyte disturbances

Knowledge	To understand the physiology underlying fluid and
	electrolyte imbalance in the child without primary renal
	disease
	To know the principles of treatment of fluid and electrolyte
,0	imbalance
	To know the endocrine diseases associated with electrolyte
O	imbalance and their management
Skills	To be able to manage fluid and electrolyte imbalances in
	non-renal disease including overdose
Resources	Intensive care unit
	Endocrine clinics

(T) Acute Kidney Injury (AKI)

Knowledge	•	To know the differential diagnosis of AKI
	•	To know the investigation including role of renal biopsy
	•	To describe the methods to correct fluid and biochemical
		abnormalities and to know the indications for dialysis
	•	To describe the principles of dialysis and filtration
	•	To know the treatment of reversible causes of AKI
Skills	•	To perform a reliable and accurate clinical assessment of

	the patient's fluid status
	To be able to appropriately manage the complications of
	AKI – conservative and dialysis
	To be able to select and practically manage the different
	dialysis modalities including peritoneal dialysis,
	hemodialysis and hemofiltration
	To be able to commence correct treatment of the
	underlying cause
	To manage the patient with multiorgan failure or systemic
	disease requiring acute renal replacement therapy
Multidisciplinary aspects	To recognize the role of nurses in the management of AKI
	Liaison and share care with the intensive care unit
Resources	Intensive care and neonatal intensive care units
(U) Chronic Kidne	y Disease (CKD)
Knowledge	To know the epidemiology of CKD

(U) Chronic Kidney Disease (CKD)

Knowledge	To know the epidemiology of CKD
, 0	To list the causes of CKD
Nati	• To know the investigations required in a child with new
T.	presentation of CKD, including assessment of the degree
10	of renal failure and reversibility of the condition
	• To understand the natural history and prognosis of
	common diseases causing CKD, and treatment strategies
	that may ameliorate the condition
	• To understand the factors involved in failure to thrive in
	CKD
	• To describe the pathophysiology, investigation and
	indications for treatment in the management of renal bone
	disease
	• To describe the pathophysiology of renal anemia, and its
	investigation and management, including use of
	erythropoietin and iron therapy
Skills	• To identify and appropriately manage the underlying cause

	To manage the child with CKD including biochemical
	disturbance, bone disease and anemia
	To appropriately counsel the family to facilitate the
	selection of dialysis modality and prior to referral for renal
	transplantation
	To make an accurate clinical assessment of nutritional
	status and to use appropriate dietary advice with the
	assistance of dietitians
	To prescribe and monitor treatment for hyperlipidemia
	To show ability to prevent, diagnose and manage renal
	bone disease
	To diagnose and appropriately treat renal anemia
Multidisciplinary aspects	To appreciate the role of the multiprofessional team
N	including dietitian, psychologist, social worker
	• To understand the role of the dialysis nurses and transplant
	coordinator
	To audit biochemical and hematological results against
,0	national guidelines
*	To appreciate the impact of CKD on cardiovascular disease.
O	in adult life
Resources	Chronic kidney disease clinics
	Multidisciplinary team meeting

(V) Transplantation

Knowledge	Pre-Transplantation
	To understand the ethical issues surrounding organ
	donation/ transplant
	To know the principles of recipient selection, indications
	and contraindications
	To describe the theoretical and practical application of
	blood grouping, HLA matching and donor-recipient cross

<u> </u>	
	matching
	To know what is involved in a transplant work-up
	To know the advantages and disadvantages of deceased
	versus live related donor transplantation
	To know the acceptability criteria for deceased organ
	donation
	To describe the advantages and disadvantages of
	preemptive transplantation
	Transplantation
	To understand the unique needs of children undergoing
	organ transplantation
	To know the basic surgical procedures involved
	To know the medications used, including side-effects and
. 1	recent advances and trials
	To know the approach towards handling deceased organ
	transplantation
	Post-Transplantation
	To know the indications for and knowledge of the
*	procedure of renal transplant biopsy
ional "	To understand the immune mechanisms of rejection
7	To know the recurrence rate of the original disease, and
	other complications pertaining to the original diagnosis and
	their management
Skills	Pre-transplantation
	To assess the suitability of a patient for renal transplant
	To discuss the issues of transplantation
	Transplantation
	To be able to manage the peri-operative transplant period
	To assess renal transplant function
	To plan and modify immunosuppressive therapy
	Post-transplantation

	• To be competent in the diagnosis and management of acute
	rejection episodes
	• To understand the role of fine needle cytology and
	histopathology for diagnosing rejection
	• To be able to manage the stable transplant patient
	• To be able to advise the child, family and school
	• To be able to diagnose and manage chronic rejection
	• To be aware of the diagnosis and management of the short
	and long-term complications of transplantation
	• To counsel patients with a failing graft and discuss future
	management on renal replacement therapy
Multidisciplinary aspects	To understand the role of the transplant coordinator
	To appreciate the role of the multidisciplinary team
Resources	Transplant clinics
	Tissue typing laboratory
200	Transplant clinicsTissue typing laboratoryTransplant surgeon

(W) DIALYSIS

1. Hemodialysis

Knowledge	 To describe the principles of hemodialysis and compare and contrast with other methods of dialysis To describe the anatomy of the neck veins, and their assessment To describe the methods of vascular access and arterio venous fistulas, and their complications To understand the principles of water treatment and maintaining water quality To define the methods to assess adequacy of hemodialysis To list the complications occurring during dialysis To list the particular infections which may occur in patients on dialysis, and to define strategies to prevent blood-borne viral infections in patients on hemodialysis
Skills	 blood-borne viral infections in patients on hemodialysis To be able to plan the initiation of hemodialysis

	To manage different forms of vascular access, and their
	difficulties
	• To assess the functional status of AV fistula and cannulate
	• To operate hemodialysis machine and respond to alarms;
	disinfection of machines and circuits
	• To be able to handle dialyzers and the dialyzer tubings
	appropriately
	• To adjust the prescription of hemodialysis based on
	adequacy and monitor change
	• To manage the complications of hemodialysis
	To diagnose, investigate and treat infection
Multidisciplinary aspects	To understand the role of the nurses in preparing the
	patient physically and psychologically for hemodialysis,
' <i>I</i> N	and in the long term management
	To counsel patients about blood borne infection
	• To work closely with the microbiologist in developing
	protocols and in audit and management of infection
Resources	Hemodialysis technician and nurses
	Departments of Nephrology, Microbiology and Surgery

2. Peritoneal Dialysis

Knowledge	To describe the principles of acute and peritoneal dialysis,				
	and know the advantages and disadvantages compared to				
	hemodialysis				
	To describe methods to assess adequacy of peritoneal				
	dialysis and ultrafiltration				
	To describe the anatomy and outline the surgical procedure				
	of insertion of peritoneal dialysis catheters				
	To know the complications of peritoneal dialysis, both				
	infective and mechanical				
Skills	To be able to prescribe peritoneal dialysis and monitor				
	change and measure adequacy				
	To perform peritoneal equilibration test (PET)				

	To operate and troubleshoot PD cyclers
	• To manage the complications of peritoneal dialysis
Multidisciplinary aspects	Pediatric surgeon

(X) Pharmacology

Knowledge	To define the principles of pharmacokinetics and drug
	handling in renal impairment
	To list ways in which different classes of drugs act on the
	nephron
	To describe how drugs may affect renal function
	To list the effects of hemodialysis, hemofiltration and
	peritoneal dialysis on drug prescribing
	To describe the principles of drug interactions especially
. 1	immunosuppressive agents
Skills	To prescribe safely to patients with renal disease
Multidisciplinary aspects	To educate patients regarding importance of compliance
0	and reporting of problems with medication
Resources	Pharmacologists

(Y) Psychosocial and Ethical issues

Knowledge	•	To understand the impact of chronic illness on the child,			
		adolescent, parents, siblings and extended family			
	•	To understand the ethics of research in children			
	•	To know the process of informed consent in different ages			
	•	To know the procedures for clinical trials			
Skills	•	To demonstrate competence in communication skills at			
		initial diagnosis and thereafter			
	•	Liaison with pediatricians and other health professionals			
	•	To show interest in ethical discussions within the			
		department			
	•	To show ability to take informed consent			
Multidisciplinary aspects	•	To understand the role of the psychologist, psychiatrist,			

		social worker, teacher and religious leaders
	•	To understand the care of the dying child
Resources		Multidisciplinary team meeting

(Z) Teaching skills

V., 1 . 1	TD 1 4 1.1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
Knowledge	To understand the principles of adult learning and different
	teaching techniques
	To understand the role of clinical audit and research
Skills	To demonstrate formal and informal teaching skills at
	undergraduate and postgraduate level, and to other
	 professionals within the multidisciplinary team To demonstrate continuing self-education and self-reflection
	To show support or active involvement in research
200	To show ability to critically evaluate literature reviews,
	audit and research papers
	To demonstrate ability in oral presentation skills and
4	manuscript preparation

(A1) Nutrition

Knowledge	•	To develop basic knowledge of nutritional requirements of			
		children with acute kidney injury and chronic kidney			
		disease including those on dialysis and transplantation			
Skills	•	To be able to counsel and provide nutritional advice for			
		children with chronic kidney disease			
Multidisciplinary aspects	•	Nutritionist			

Competency in Procedural /Practical Skills:

The post graduate student should be able to perform independently the following procedures

• Renal biopsy

Satisfactory performance of percutaneous biopsy of native and transplant kidneys entail:

- knowledge of indications for the procedure,
- o obtaining informed consent,
- o performance of the procedure itself including minimizing patient discomfort, and
- o interpretation of results of the biopsy.

Central venous access insertion for hemodialysis

Satisfactory placement of vascular access entails:

- o knowledge of informed consent,
- o proper Seldinger technique,
- o knowledge of vascular anatomy,
- o minimizing patient discomfort, as well as
- o functional catheter placement and recognize/manage complications

Acute peritoneal dialysis catheter_insertion

Satisfactory placement of peritoneal catheter placement entails:

- o knowledge of informed consent,
- o proper technique,
- o minimizing patient discomfort, as well as
- o functional catheter placement.

Ommis In addition they should be able to perform independently the following:

To be able to write a prescription, conduct and supervise acute and chronic intermittent hemodialysis

- Entails knowledge of proper indications for hemodialysis,
- knowledge of first dialysis precautions,
- writing of dialysis order which includes choosing dialysis filters,
- o estimating dry weight and modification during special circumstances (critically ill child, in-born errors of metabolism),
- o choosing dialysate composition,
- o understanding and treatment of complications, and
- o modifying dialysis prescription for inadequate clearance in chronic hemodialysis patients.

To be able to write a prescription, conduct and supervise acute and chronic peritoneal dialysis:

o Entails knowledge of proper indications of peritoneal dialysis,

- writing orders for peritoneal dialysis which includes dialysis prescription (volume of dialysate, frequency of exchanges, and use of different hypertonic solutions),
- o understanding and treatment of complications, and
- o modifying dialysis prescription in special situations (lactic acidosis, metabolic disorders) and inadequate clearance in chronic peritoneal dialysis patients

To be able to write a prescription, conduct and supervise continuous renal replacement therapy (CRRT)

- o Entails knowledge of proper indications of CRRT,
- o writing orders for continuous renal replacement therapy (flow rate of dialysate, choosing ultrafiltration rate,
- o choosing dialysate composition including the use of bicarbonate based solutions),
- o understanding and treatment of complications, and
- o modifying dialysis prescription for inadequate clearance in patients undergoing continuous renal replacement therapy

To be able to write a prescription, conduct and supervise slow low efficiency daily dialysis (SLED)

- o Entails knowledge of proper indications of SLED,
- o writing orders (flow rate of dialysate,
- o choosing ultrafiltration rate,
- choosing dialysate composition,
- o understanding and treatment of complications, and
- o modifying dialysis prescription for inadequate clearance in patients undergoing SLED

To be able to write a prescription, conduct and supervise plasmapheresis

- o Entails knowledge of proper indications of plasmapheresis,
- o writing orders (volume of plasma replacement,
- o choosing rate of plasmapheresis, monitoring,
- o understanding and treatment of complications, and modifying plasmapheresis prescription based on the goal of plasmapheresis.

To be able to perform urine analysis at bedside

 To perform correctly urinalysis and interpret findings and to know the limitations of interpretation as applied to patient care.

Procedure	О	A	P	SJ
Renal biopsy				
Hemodialysis catheter access				
Acute peritoneal catheter insertion				
Urine analysis				

O- Observed; A- Assisted; P- Performed independently; SJ- Supervised junior colleague

4. TEACHING AND LEARNING METHODS

Clinical postings: Recommended schedule for three years training

The training of the post graduate student shall be a residency program with graded responsibility in the management of patients entrusted to his/her care. The participation of the students in all facets of the educational process is essential. The post graduate student shall take active part in seminars, group discussions, clinics, journal reviews, CPC and clinical meetings. The post graduate student shall also participate in training of post graduates, nursing and paramedical staff. They shall also be involved in research activities pertaining to the subject.

The post graduate student is required to work full time in the Department of Pediatric Nephrology, participate in the patient care and academic and research activities as described below. The trainee should attend not less than 80% (Eighty percent) of the training during the calendar year.

Orientation programme: The post graduate student would first familiarize himself/herself with the faculty of the department and other allied specialties; general working of the hospital, the Wards, admission norms, geography of the hospital, location of the various services, discharge protocol, ordering investigations and other administrative aspects that may be help in them during their training period.

The clinical postings will divided between the out-patient services, sub-specialty clinics, wards, dialysis, intensive care unit and electives.

The training will consist of intensive training in Clinical Nephrology in order to develop the fundamental skills and knowledge required to evaluate, diagnose and formulate management plans for various renal diseases in out-patient and in patient setting and in emergency cases. During the postings in ward, the DM student will be directly involved in patient care and present clinical cases to the faculty and receive one-on-one instruction and feedback in history taking, physical examination and management. The senior DM students will also engage in supervising and teaching junior colleagues. The faculty will interview, examine and discuss assessment and plans with the DM students for all inpatient consultations and emergency cases. The DM student will also undertake 24 hour calls as per the schedule of the department and will report to faculty on call. The student will also learn to counsel the patients and care takers. It will be the responsibility of the DM student to maintain documentation regarding the care of the patients treated in the unit. This will include preparation of discharge summaries, scheduling of treatment protocols for chronic diseases and transplant patients, and preparing medical reports.

During the postings, the DM student will perform various procedures initially under supervision of faculty or senior trainees and later independently like percutaneous renal biopsy of both native and transplanted kidneys, placement of temporary vascular access for hemodialysis or continuous renal replacement therapy, placement of peritoneal catheter for acute peritoneal dialysis, prescribing, supervising and trouble-shooting acute and chronic hemodialysis, peritoneal dialysis, continuous renal replacement therapy, plasmapheresis and performing urinalysis.

The total period of the course is 36 months. Of this, 30 months will be spent in the pediatric nephrology unit; 6 months will be meant for rotations in related specialties.

Suggested posting schedule

Mandatory

Pediatric Nephrology including hemodialysis service
 Pediatric Urology/Surgery
 Adult Nephrology
 Renal Pathology
 15 -30 days

Electives (at least three of the below - 3 months)

- PICU/NICU
- Radiology
- Nuclear medicine
- o Posting to an external Pediatric Nephrology unit
- Genetics
- o Transplantation immunology and diagnostics
- **(i)** Academic sessions: In addition to bedside teaching during clinical rounds and in outpatient setting, formal teaching is necessary. The departments may select a mix of the following: sessions:

Journal club/Review

Once a month

Medical audit

ledica Once a month

Seminar: lecture

Twice in a month

Case discussions

Once a week

Interdepartmental case or seminar

Once a month

Attend accredited scientific meetings (CME, symposia, and conferences)

Additional sessions on basic sciences, biostatistics, and research methodology, methodology, medical ethics and legal issues related to pediatric nephrology are suggested.

- Journal Club/Review: Once per month of 1 hour duration. The presentation of journal club includes a brief review of the scientific context of the paper, the data, an analysis thereof, and a critique/discussion of the experimental approach/study design and results. In journal review, relevant articles from recommended journals are reviewed. Each post graduate student shall present at least 6 journal club/reviews in one academic year and attend at least 12 others.
- b) **Seminars/Topic review:** Seminar twice every month of 1 hour duration. Aim is to provide didactic seminars on topics that cover the broad field of Pediatric Nephrology and includes basic sciences relevant to the topics being discussed. Each post graduate student shall present at least 6 seminars/symposia in one academic year and attend at least 12 others.
- c) Case presentation in the ward once a week for one hour. Post graduate students will present a clinical case for discussion before a faculty and discussion made pertaining

to its management and decision to be recorded in case files. Alternatively, a case is selected and presented by a post graduate student (with faculty input) from those encountered by the post graduate student in hospital and in outpatient clinics. Important literature review associated with the case may also be presented. The case is analyzed in order to make key teaching points. Each post graduate student shall present at least 6 clinical cases in one academic year and attend at least 12 others.

- d) Clinical renal pathology Conference: Once a month of 1 hour duration. The biopsies performed during the preceding month will be discussed. The post graduate student will summarize the clinical aspects of the case followed by interpretation of the renal biopsy in conjunction with faculty from pathology. Each post graduate student shall present at least 6 cases in one academic year and attend at least 10 sessions.
- e) Inter-departmental seminar or Grand Round: Presentation of cases in clinical combined / grand rounds (Neonatology, Pediatrics, Pediatric Surgery, Radiology, nutrition) once in a month. Each post graduate student shall present at least 3 cases in one academic year and attend at least 8 sessions.
- f) Mortality and Morbidity/Audit meet: Once a month for one hour to discuss the mortality and departmental statistics.
- (ii) Teaching in the out-patient setting, during clinical rounds: The faculty should engage in briefly discussing with the post graduate students various common and uncommon cases presenting in the OPD. There would be at least one consultant-led ward round daily that includes referral in other departments and ICU. This would be a service round with individual case presentation and brief discussion. In addition, at least 02 teaching rounds per week are recommended involving detailed discussion on admitted clinical cases. Besides theoretical aspects, emphasis must be laid on bedside assessment and practical management issues.
- (iii) Others: These include non-formal teaching during the discussion on management strategies for specific sub groups of children with renal diseases.
 - a) Dialysis meets: Once a fortnight for one hour to discuss the various aspects of the children undergoing maintenance hemodialysis or peritoneal dialysis.
 - **b)** Transplant meets once a fortnight for one hour to discuss transplant workup and also discuss management issues in children who have been transplanted.

- (iv) Conference, CME's and Workshops: Participating and contributing to the organization of such meets is desirable. During the 3-year period of training; he/she should attend at least one national or international and one state level meet.
- (v) Paper Presentation/ Publication: During the training programme, the trainees must have presented at least one paper in a national or international conference and have at least one publication in a peer reviewed journal.
- (vi) Teaching by trainees: The post graduate student will assist and be involved in the teaching of under graduate medical/ nursing students and those training for MD (Paed). He/she will learn the use of various teaching teaching media (eg. audiovisual aids) in this exercise.

5. LOG BOOK

The DM student shall maintain a log book of the work carried out by them and the training programme undergone during the period of training including details of procedures assisted or done independently by the trainees. The log book shall be checked and assessed periodically by the faculty members imparting the training. Maintenance of performance record in Log book is mandatory. Certified and assessed copy should be made available at the time of practical examination for review by examiners.

Log book should be made to contain:

- 2. Record of training: Name of the trainee; Name of the Hospital; Training period; Name of guide.
- 3. Posting.
- 4. Working schedule.
- 5. Teaching programme.
- 6. Presentationat academic sessions (Journal club/Review, Seminars, Case presentation/conference, Audit, Teaching activity): Date, Topic/Article name, Prersenter/Attendee, Assessment.

- 7. Procedures: Date, Name of patient, Type, Complications observed. Mentioned if supervised / performed independently or supervised colleague during the procedure.
- 8. Participation in Research Activity: name of project, Duration.
- 9. Conference / Workshop attended: Date/Conference name/Place
- 10. Paper presentation / Publications.

ASSESSMENT

FORMATIVE ASSESSMENT, during the training programme

Formative assessment (periodic, multiple) is an internal assessment by the teaching faculty of the department. The faculty should assess medical knowledge, patient care, procedural & academic skills, interpersonal skills, professionalism, self-directed learning and ability to practice in the system.

Each trainee should attend regular appraisal meetings and reviews of their academic performances, competence progression and workplace based assessments by the faculty of the department. It is frequent, covers small content areas and provides immediate feedback to the teacher and the taught.

Assessment

• **Personal attributes** 3-6 months

• Clinical skills and performance 3-6 months

• Academic activities 3-6 monhs

• Theory assessment End of 12 and 24 months

• Practical assessment -do-

Personal attributes includes a broad assessment of general attitude, interest in work, initiative, responsibility and reliability, organizational ability, communication skills, professional attitude and team work.

Assessment of academic activities includes Journal based / recent advances learning, participation in departmental and interdepartmental learning activity, external and outreach activities and attending /presenting abstracts in CMEs and conferences.

Clinical skills and performance, academic performance and personal attributes shall be graded on a scale of 1 to 9 listed in DM student appraisal form (Annexure I). The academic presentations shall be graded at the time of presentation of the faculty in-charge. Evaluation on clinical skills including competency in procedures and personal attributes shall be done by the Unit in-charge at the end of every quarter.

SUMMATIVE ASSESSMENT, namely, assessment at the end of training

The summative examination should be carried out as per the Rules given in POSTGRADUATE MEDICAL EDUCATION REGULATIONS, 2000. The Post graduate examination shall be in two parts and will be as per the details given in Post Graduate Regulations, 2000.

Summative evaluation (terminal, single) is a combined assessment by the internal and external examiners designated by the NMC/Medical University of the State at the end of the course.

The DM examination shall be in two parts: Theory and Clinical / Practical and Oral/viva voce Examination.

1. **Theory**: There shall be four theory papers of three hours duration as follows:

Paper I: Basic Sciences as applied to the subject including physiology, anatomy, embryology epidemiology, pharmacology, biochemistry, pathology, genetics and biostatistics

Paper II: Clinical nephrology

Paper III: Dialysis, Transplantation and Nephro-urology

Paper IV: Recent advances in Pediatric nephrology

The theory examination shall be held in advance before the clinical and practical examination, so that the answer books can be assessed and evaluated before the commencement of the clinical/practical/oral examination.

Evaluation: The answer books shall be valued by two examiners or as per Rules of the University concerned. The average of the two marks secured by the post graduate student will be taken into account. If the difference between two marks exceeds 10%, the answer scripts shall be valued by the third examiner. The average of the nearest two marks shall be considered as the final mark.

- 2. **Practical**: The practical examination should consist of the following and should be spread over two days, if the number of candidates appearing is more than five. There will be one internal and two external examiners.
 - 1. One long case: History taking, physical examination, interpretation of clinical findings, differential diagnosis, investigations, prognosis and management.
 - 2. 2 short cases
 - 3. Ward rounds for clinical, procedural and communication skills (4 cases)
 - 4. Log Book Records and day-to-day observation during the training

Viva-voce Examination:

- → Viva Research related
 - Instruments/Drugs
- Radiology/Nuclear imaging/Investigations
- Renal Pathology

RECOMMENDED READING:

Books (latest edition)

- 1. Diagnostic Atlas of Renal Pathology, Fogo, Agnes B 7th ED. Elsevier
- 2. Clinical Dialysis, Nissenson, Allen R,4th ED. McGraw Hill.
- 3. Hypertension companion to to Brenner & Rectors the Kidney, Oparil, Suzanne, Elsevier.
- 5. Disease of the Kidney & Urinary tract ,Schrier,Robert W, Vol I, Lippincott.
- 6. Disease of the Kidney & Urinary tract ,Schrier,Robert W, Vol II, Lippincott.
- 7. Disease of the Kidney & Urinary tract ,Schrier,Robert W, Vol III, Lippincott.
- 8. Comprehensive Clinical Nephrology, Feehally, John, Mosby.
- 10. Seldin and Giebischs the Kidney: Physiology and Pathophysiology, Alpern, Robert. J, Vol I, Academic Publisher.

- 11. Seldin and Giebischs the Kidney: Physiology and Pathophysiology, Alpern, Robert. J, Vol II, Academic Publisher.
- 12. Comprehensive Pediatrics Nephrology, Geary, Denis. F (ED), 1st ED. Elsevier.
- 13. Evidence-Based Nephrology, Molony, Donald. A, John Wiley.
- 14. Handbook of Dialysis, Daugirdas, John. T, Lippincott.
- 15. Oxford Handbook of Dialysis, Levy, Jeremy, 2nd ED. Oxford, 2007
- 16. Ganongs Review of Medical Physiology, Barrett, Kim. E (et al), McGraw Hill.
- 17. The Kidney, Brenner & Rector - Saunders.
- 18. Critical Care Nephrology, C. Ronco, Saunders.

Journals

Commission 3-5 International and 02 national journals (all indexed)

DM Student Appraisal Form

Pre / Para /Clinical Disciplines

Nam	ne of the Department/Unit	:			
Nam	ne of the PG Student	:			
Peri	od of Training	: FROM		TO	••••
Sr.	PARTICULARS	Not	Satisfactory	More Than	Remarks
No.		Satisfactory		Satisfactory	
		1 2 3	4 5 6	7 8 9	
1.	Journal based / recent				
	advances learning				
2.	Patient based	m #			
	/Laboratory or Skill	dic	al 1		
	based learning	30.		Com	
3.	Self directed learning			7	
	and teaching			77	3.
4.	Departmental and				
	interdepartmental				<i>Gi</i>
- 1	learning activity				S
5.	External and Outreach				
	Activities / CMEs				2
6.	Research work				
7.	Log Book Maintenance				
Pub	lications	<u> </u>	<u> </u>	<u> </u>	Yes/ No
Rem	arks*				
-					
				_	

*REMARKS: Any significant positive or negative attributes of a postgraduate student to be mentioned. For score less than 4 in any category, remediation must be suggested. Individual feedback to postgraduate student is strongly recommended.

SIGNATURE OF ASSESSEE SIGNATURE OF CONSULTANT SIGNATURE OF HOD