

CELEBRATION OF 9TH INTERNATIONAL YOGA DAY, 21ST JUNE 2023

With reference to the communications received from Ministry of Health & Family welfare, Government of India (No. V-16020/73/2023-INI-I dated 26.05.2023), it is to bring to the kind notice of all concerned that, as a part of Celebration of 9th International Yoga Day (IYD) on 21st June 2023, the following program will be conducted at Advanced Centre for Yoga Therapy Education & Research (ACYTER), Department of Physiology, JIPMER

❖ Common Yoga Protocol (CYP) - Free Yoga Training Camp

- Date & Time - 01.06.2023 to 20.06.2023, 09:30 to 10:15 AM
- Venue: Yoga Hall, ACYTER, Dept. of Physiology, 1st floor JAC, JIPMER

❖ CYP Practice

- Date & Time - 21.06.2023, 07:00 to 08:00 AM
- Venue: Community Hall, JIPMER
- Syllabus: CYP assigned by Ministry of AYUSH

Links: https://www.youtube.com/watch?v=x_d3Ay7iy3c (Tamil video)

<https://www.youtube.com/watch?v=9GRKhGyibtl> (English video)

<https://youtu.be/YVgXUZbUj6c> (Hindi video)

- Participants: JIPMER Faculty, Students, Staff and Family members.

Registration is free, but Mandatory

Registration link: <https://forms.gle/jiKgQJRPjtBmDTtY9>

- **E-Certificate will be provided to all participants**

For further details, please contact:

Dr. Velkumary. S, Professor & Head, Dept. of Physiology, JIPMER, Puducherry, Phone: 0413-2298515

Mr. Swaroop, Yoga Instructor, ACYTER, Phone number: 9159147890

ACYTER office: 0413 2298594/ 0413 2298595 (from 9 am to 4:30 pm)



(Scan the QR code for registration)