



JAWAHARLAL INSTITUTE OF POSTGRADUATE MEDICAL EDUCATION AND RESEARCH (JIPMER)

(An Institution of National Importance under Ministry of Health &amp; Family Welfare)

Dhanvantri Nagar, Puducherry - 605 006.

दूरभाष / Phone : (0413) 2272380 / 82 / 85 / 86, 2296000, 2296500, 2272132 &amp; 2272337, फैक्स / Fax : 0413 - 2272066 / 67 &amp; 2272735

ई-मेल / E-mail : jipmer@jipmer.edu.in, वेबसाइट / Website: www.jipmer.edu.in

विभाग / DEPARTMENT :

31.05.2022

सं. / No. Invitation to participate in the Common Yoga Protocol (CYP) & Yoga-Break  
दिनांक / Date:(Y-Break) Protocol Practice as a part of 8<sup>th</sup> IYD – 2022

With reference to the communications received from Ministry of Health & Family welfare and Ministry of AYUSH, Government of India, it is to bring to the kind notice of all concerned that as a part of Celebration of 8<sup>th</sup> International Yoga Day (IYD), 21<sup>st</sup> June 2022, the following two programs will be conducted at Advanced Centre for Yoga Therapy Education & Research (ACYTER), Department of Physiology. All are invited to participate in the program. Also the family members of staff of JIPMER can participate in the program.

1. Yoga-Break (Y-Break) Protocol Practice from 01.06.2022 to 15.06.2022
  - Time: 9:30 AM to 10:30 AM
  - Venue: Yoga Hall, ACYTER, Department of Physiology, 1<sup>st</sup> floor JIPMER Academic Centre (JAC)
2. Practice of Common Yoga Protocol
  - Date: 16.05.2022 (Thursday)
  - Time: 7 to 8 AM
  - Venue: Community Hall

The Participants of the above two mentioned program will get the participation certificate. Also they can participate in Yoga Competition to be held on 20.06.2022 (Monday).

This is issued with the approval of competent authority.

Dr. GK Pal

Professor (Senior Scale)

Faculty I/C, ACYTER  
Dr. G.K. PAL  
Prof. (Sr. Scale)  
Regd. No: OMC - 10034  
Dept. of Physiology  
JIPMER, Puducherry

Dr. S. Velkumary

Professor &amp; Head

Department of Physiology

आचार्य व अध्यक्ष / Professor &amp; Head

शरीरक्रिया विभाग

Dept. of Physiology

जिपमेर / JIPMER

पुदुच्चेरी / Puducherry - 605 006