



जवाहरलाल स्नातकोत्तर आयुर्विज्ञान शिक्षा एवं अनुसंधान संस्थान (जिपमेर)
(स्वास्थ्य एवं परिवार कल्याण मंत्रालय के अधीन राष्ट्रीय महत्व का संस्थान)
धन्दंती नगर, पुदुच्चेरी - 605 006

JAWAHARLAL INSTITUTE OF POSTGRADUATE MEDICAL EDUCATION AND RESEARCH (JIPMER)
(An Institution of National Importance under Ministry of Health & Family Welfare)
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विभाग / DEPARTMENT :

31.05.2022

सं. / No. **Invitation to participate in the Common Yoga Protocol (CYP) & Yoga-Break** दिनांक / Date:

(Y-Break) Protocol Practice as a part of 8th IYD – 2022

With reference to the communications received from Ministry of Health & Family welfare and Ministry of AYUSH, Government of India, it is to bring to the kind notice of all concerned that as a part of Celebration of 8th International Yoga Day (IYD), 21st June 2022, the following two programs will be conducted at Advanced Centre for Yoga Therapy Education & Research (ACYTER), Department of Physiology. All are invited to participate in the program. Also the family members of staff of JIPMER can participate in the program.

1. Yoga-Break (Y-Break) Protocol Practice from 01.06.2022 to 15.06.2022

- Time: 9:30 AM to 10:30 AM
- Venue: Yoga Hall, ACYTER, Department of Physiology, 1st floor JIPMER Academic Centre (JAC)

2. Practice of Common Yoga Protocol

- Date: 16.05.2022 (Thursday)
- Time: 7 to 8 AM
- Venue: Community Hall

The Participants of the above two mentioned program will get the participation certificate. Also they can participate in Yoga Competition to be held on 20.06.2022 (Monday).

This is issued with the approval of competent authority.

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