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राष्ट्रीय आयुर्विज्ञान आयोग

National Medical Commission

No.U-15027/7/2024-UGMEB

Dated:21-02-2024

ORDER

Mental Health of Medical Students has been a cause of concern in the recent past leading to depression & suicide by the medical students. To address this issue a National Task Force with the following composition has been constituted by Anti-Ragging Committee of National Medical Commission:

1. Dr. B. M. Suresh. Professor, Deptt. of Psychiatry, NIMHANS, Chairman
Bangalore
2. Dr. Yogendra Malik, Member, EMRB, NMC Member
3. Dr. Nandini Desai, Dean, Jamnagar Medical College, Member
Jamnagar
4. Dr. Geeta Guin, Dean, Netaji Subhash Chandra Bose Medical Member
College, Jabalpur
5. Dr. Naveen Sankhayan, Professor, Deptt. of Paediatrics, Member
PGIMER, Chandigarh
6. Dr. Vijay Kumar, Professor, Deptt. of Plastic Surgery, King Member
George's Medical University, Lucknow
7. Dr. Bhavuk Garg, Professor, Deptt. of Orthopaedics, AIIMS, Member
New Delhi
8. Dr. K. Senthil, Professor, Deptt. of Medicine, Govt Medical Member
College, Madurai
9. Dr. Pushpendra Mallik, Professor, Deptt of Surgery, Bhagat Member
Phool Singh Govt. Medical College for Women, Sonipat
10. Dr. Reetu Hooda, Professor, Deptt. Of Obstetrics & Member
Gynecology, PGIMS, Rohtak
11. Dr. Kamlesh Upadhyay, Professor, Deptt of Medicine, B.J. Member
Medical College, Ahmedabad
12. Dr. Sumit Rana, Associate Professor, Deptt of Psychiatry, Member
Lady Hardinge Medical College New Delhi
13. Dr. Vijay Silan, Associate Professor, Deptt. of Community Member
Medicine, Bhagat Phool Singh Govt. Medical College for
Women, Sonipat
14. Dr. Sunaina Hooda, Assistant Professor, Deptt of Pathology, Member
Bhagat Phool Singh Govt. Medical College for Women,
Sonipat
15. Sh Aujender Singh, Deputy Secretary, NMC Member-
Secretary

2. Term and References of the National Task Force

Term: The National Task Force on Mental Health and Well-being of Medical Students will submit its final report by 31st May, 2024. During this period task force will submit its progress report to Anti Ragging Cell of NMC once in a month.

References:

Scope of Work: The Task Force shall study existing literature and data on mental health & suicide of medical students, analyze factors contributing to these challenges, and propose evidence-based strategies for improving mental health & preparatory of suicides. Committee may visit the Colleges where incidents of suicides have been reported.

Reporting: The Task Force shall submit a comprehensive report outlining key findings and actionable recommendations for promoting mental health of medical students by 31st May, 2024. Task force will submit the monthly progress report to the Anti Ragging Cell.

Meetings: The Task Force shall convene regular meetings, either virtually or in-person, as necessary to fulfill its mandate. Additionally committees may visit the medical colleges where incidents of suicide have been reported. Committee may co opt other Members on need basis to facilitate its study and timely finalization of report.

3. This issues with the approval of President, UGMEB and Chairperson of Anti Ragging Cell, NMC.

Signed by Aujender Singh

Date: 23-02-2024 16:57:25

(Aujender Singh)
Deputy Secretary, PGMEB

Copy to:-

1. All the members of National Task Force
2. PPS to President, UGMEB/ Sr PPS to President PGMEB