



**No. N-P050(20)/10/2024-PGMEB-  
NMC-Part(1)(e-8305594)  
Government of India  
National Medical Commission**

Sector-8, Dwarka  
New Delhi-110075  
Date: 09-12-2024

To

The Principal/Dean,  
All the Medical Colleges/Medical Institutions of India

**Subject: Curbing the Menace of Ragging in Medical  
Colleges/Institutions in India-reg.**

Reference is cited to Public Notice no. NMC/23(1)25/2021/Med dated 05-12-2024 issued by the Post Graduate Medical Education Board (PGMEB) on the subject mentioned above enclosed herewith. All concerned stakeholders are requested to kindly take note of the same.

Encl.: As above

**Signed by B Srinivas  
Date: 09-12-2024 16:32:24**

(B. Srinivas)  
Secretary  
DR B SRINIVAS  
SECRETARY

Copy to:

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- ii. PPS to Chairman, NMC
- iii. PPS to President (PGMEB)
- iv. DMMP-I System Integrator- for uploading of NMC Website
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दूरभाष/Phone : 25367033,  
25367035,  
फैक्स/Fax : 0091-11-  
25367024  
ई-मेल/E-mail :  
[antragg@nmc.org.in](mailto:antragg@nmc.org.in)

पॉकेट-14, सेक्टर-8, द्वारका,  
फेस -1,  
नई दिल्ली -110  
077  
Pocket-14, Sector-8,  
Dwarka,  
Phase-1, New Delhi-  
110 077

राष्ट्रीय आयुर्विज्ञान आयोग  
**National Medical Commission**  
**Post Graduate Medical Education Board(PGMEB)**

No. NMC/23(1)25/2021/Med

Dated: 05.12.2024

To  
The Director/Principal/Dean,  
Medical Colleges/Institutions imparting UG/PG Courses

**Subject: Curbing the Menace of Ragging in Medical Colleges/Institutions in India - reg.**

Sir/Madam,

The National Medical Commission (NMC) has taken serious cognizance of ragging incidents, including the recent tragic event at GMERS Medical College and Hospital, Dharpur, involving the death of an 18-year-old first-year MBBS student. This incident has not only attracted significant attention from the media but also been reported to the UGC Anti-Ragging Helpline. Such occurrences highlight the urgent need for stringent implementation of anti-ragging measures to ensure students' safety and well-being. Ragging violates physical, moral and legal boundaries, and such incidents severely tarnish the reputation of academic institutions.

## 2. Rising Incidents of Ragging

The NMC continues to receive numerous complaints regarding ragging involving Undergraduate (UG) and Postgraduate (PG) students. These complaints include cases of mental harassment and even instances leading to suicide. Reports are received through the NMC's Anti-Ragging Cell ([antiragg@nmc.org.in](mailto:antiragg@nmc.org.in)), the UGC Anti-Ragging Helpline, and social and print media. Commonly reported acts include disorderly conduct, teasing, coercion, and undisciplined activities. The NMC engages regularly with medical institutions through video conferences to address these concerns.

## 3. Regulations for the Prevention of Ragging

The NMC has issued Prevention and Prohibition of Ragging in Medical Colleges and Institutions Regulations, 2021 (Notification No.

UGMEB/NMC/Rules & Regulations/2021, dated 18th November 2021). Key clauses include:

Clause 5: Duties and responsibilities of institutions to prohibit and prevent ragging.

Clause 6: Specific measures to prohibit ragging.

Clause 7: Preventive measures to stop ragging within campuses.

Clause 12: Role of Anti-Ragging Squads in identifying indirect evidence of ragging.

Despite these clear regulations, lapses in compliance have been observed, including:

Inadequate monitoring mechanisms, absence of Anti-Ragging Squads, failure to submit Annual Anti-Ragging Reports, insufficient steps to eradicate ragging effectively. Such non-compliance undermines the regulatory framework and poses risk to students' safety and institutional integrity.

#### **4. NMC strongly urges all medical colleges and institutions to :**

Implement robust anti-ragging mechanisms as outlined in the Regulations, 2021.

- Constitute and activate Anti-Ragging Squads to monitor and identify ragging activities.
- Ensure widespread awareness among faculty, staff, and students about anti-ragging policies.
- Submit annual Anti-Ragging Reports in a timely manner.
- Establish a safe and conducive learning environment, free from any form of harassment.

Non-compliance of these regulations will be dealt with strictly, as per the provisions of the Prevention and Prohibition of Ragging in Medical Colleges and Institutions Regulations, 2021.

Yours sincerely,

**(Dr. Vijay Oza)**  
**President, PGMEB &**  
**Chairman (i/c), NMC**

Signed by

Vijay Vasantry Oza

Date: 05-12-2024 15:44:36